

Meeting Minutes Haverhill Wellness  
May 4, 2016 @ 1:00 PM

Attendees: Katie Vozeolas, Kim Mackie, Eunice Zeigler, Nina Torrissi, Lou Paradis, Jayne Schmitz (MIIA)

**Next Meeting** – June 1<sup>st</sup> at 1:00PM

**2016 Steps Challenge** -- It is well underway and we have begun Week 4. Jayne reported on the standings as of Week 3. They are:

Sutton- 249,313	Ludlow- 217,243
Saugus- 245,439	Reading- 215,572
Woburn- 232,859	Walpole- 211,796
Ipswich- 225,589	<b>Haverhill- 210,242</b>
Pittsfield- 221,051	Newburyport- 203,068
Dartmouth- 220,713	Taunton- 193,414

**Working on Wellness DPH Seed Money** – Eunice updated the committee on all that has been done and is left to do. When she submitted the wellness committee composition worksheet to the WoW folks. They advised her that we need more representation from other areas of the City (police, fire, DPW) and that we are too HR heavy. Eunice will work on this. She will also work on having the MOU signed and submitted to WoW.

The committee completed an assignment to determine the City's business goals, and then come up with wellness goals that dove tail with the City's. We came up with the following:

Productivity – Safer, healthier, more productive employees  
Recruitment/Retention – Employee appreciation  
Culture of Wellbeing – Improved teamwork and collaboration

Next on the WoW agenda is to send out the Needs/Interest survey. It is to go out on Monday, 5/16 with a deadline of 5/27 to complete it. A sample version is attached to these minutes along with draft email content to introduce it. Eunice will modify a poster to advertise it. Someone needs to check with IT to ensure the link doesn't run into firewalls with the City/Schools. Committee members are welcome to open the sample survey and try it out.

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