

FAQs

What is CT screening?

Computerized tomography (CT) screening uses special X-ray technology to obtain image data from different angles around the body and then uses computer processing of the information to show a cross section of body tissues and organs.

What is the goal of LDCT lung screening?

The goal of LDCT lung screening is to save lives. Without LDCT lung screening, lung cancer is usually not found until a person develops symptoms. At that time, the cancer is much harder to treat.

How effective is LDCT lung screening at preventing death from lung cancer?

Studies have shown that LDCT lung screening can lower the risk of death from lung cancer by 20 percent in people who are at high risk.

How is the exam performed?

LDCT lung screening is one of the easiest screening exams you can have. The exam takes less than 10 seconds. No medications are given, and no needles are used. You can eat before and after the exam. You do not even need to get changed as long as the clothing on your chest does not contain metal. You must, however, be able to hold your breath for at least 6 seconds while the chest scan is being taken.



Smoking Cessation

If you've tried to quit smoking in the past, keep trying—each attempt will help you reach your goal. Millions of people have quit smoking. You can too!

The Tobacco Treatment Program at Lahey Hospital & Medical Center has many resources to help you quit.

For more information, call 781.744.QUIT (7848) or visit Lahey.org/TobaccoTreatment. To schedule an appointment with a specialist, call Pulmonary Patient Access at 781.744.1823.



Lahey Hospital
& Medical Center

855.CT.CHEST (855.282.4378)
Lahey.org/LungScreening

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Lung Cancer Screening



Early detection saves lives!

About the Program

- Lung cancer is the leading cause of cancer death for both men and women worldwide.
- Nearly 160,000 Americans die of lung cancer each year.

Of the top four deadliest cancers in the U.S. (lung, prostate, breast and colorectal), lung cancer is the only one not subject to routine screening. Based on the findings of the National Lung Screening Trial (NLST), we know that CT lung screening can save lives of people at high risk for developing lung cancer.

Low-dose CT (LDCT) lung screening is quick and easy and results in a minimal amount of radiation exposure. Lahey Hospital & Medical Center is determined to raise awareness and improve access to this testing for all people at high risk. Therefore, we are currently* offering free LDCT lung screening to individuals who meet the established high-risk criteria.

*Please note that free lung cancer screenings at Lahey Hospital & Medical Center are a limited time offer, valid as of September 2012. In the future, these screenings may be offered at a charge, at which time the patient will be notified of the charge before the screening is scheduled.

Qualification Criteria

You may qualify for a free LDCT lung screening at Lahey Hospital & Medical Center if you fall into one of these categories:

Category 1

- You are between 55 and 74 years old,
- Are currently a smoker or have quit within the past 15 years, and
- Have smoked at least a pack of cigarettes a day for 30+ years.

Category 2

- You are between 50 and 74 years old,
- Have smoked at least a pack of cigarettes a day for 20+ years, and
- Have one additional lung cancer risk factor* (not to include secondhand smoke exposure).

* Risk factors include having cancer in the past, emphysema, pulmonary fibrosis, a family history of lung cancer and exposure to certain substances (including asbestos, arsenic, beryllium, cadmium, chromium, diesel fumes, nickel, radon, silica and uranium).

Scheduling a Screening

Call 855.CT.CHEST (855.282.4378) to see if you qualify.

If you think you meet the criteria, please call toll-free 855.282.4378 between 8:30 am and 4:30 pm, Monday through Friday, to complete a screening questionnaire. Qualified candidates may be scheduled for their free LDCT lung screening at either Lahey Hospital & Medical Center, Burlington, or Lahey Medical Center, Peabody.

You do not have to be a Lahey Hospital & Medical Center patient to receive this free screening. However, you must receive an order from your primary care physician before your scheduled appointment to be eligible.

