



# Haverhill

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***For Immediate Release:***

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## **Mayor Urges Residents to Get a Flu Shot**

Today, Mayor James J. Fiorentini urged residents to reach out to their primary care physicians or local pharmacies to request a flu shot. There is a flu epidemic in Boston and the Mayor wants to prevent the spread of the flu in Haverhill. If you have health insurance, there is no deductible or co-pay for the shot. The flu (influenza) is a viral infection. We are in the middle of the season for the virus and the best prevention is a flu shot. Please visit [www.mass.gov/flu](http://www.mass.gov/flu) for flu facts on what you need to know about the flu. The information is provided in English and Spanish.

Mayor Fiorentini stated:

“I suggest that residents get a flu shot to protect themselves from certain strains of the flu.

“Experts recommend keeping away from infected persons and frequent hand washing too.”