

The Voice

Haverhill Council on Aging

COA STAFF

Mary Connolly - Director of COA/Nurse
Indhira Rijo - Principal Account Clerk
Betty Burnell - Transportation
Maria Yagual - Outreach
Paola Hussein - Volunteer/Activities Coordinator
Melinda Barrett - Mayor

Remember you can view our newsletter online:
www.haverhillma.gov
Click on Parks & Rec
Click on Council On Aging
Click on Newsletter

IF YOU HAVE CHANGED YOUR ADDRESS OR PHONE NUMBER PLEASE CALL US TO UPDATE IT IN OUR SYSTEM

IF YOU WANT THE VOICE MAILED TO YOU CALL US AT 978-374-2390 EXT 3916

DONATIONS WILL BE APPRECIATED

LA VOZ

A newsletter for Haverhill residents from 60-106
10 Welcome Street Haverhill, MA 01830
Monday—Friday 8am-4pm
978-374-2390
www.cityofhaverhill.com

FEBRUARY 2026

“Happiness is not by chance, but by choice”

Welcome to February! We celebrate love, friendship and kindness. The days are still cold but slowly the days are getting lighter and we can anxiously wait for Spring. We look forward to sharing another month together and may new opportunities come our way.

We start the month off with some nutrition education on Probiotics and Prebiotics with Agespan. Also, a Senior Safety presentation with Maurice Pratt, from the Essex Sheriff Dept. The Valentine's Luncheon is sold out but you can still get on a waitlist. Our next shindig will be the St. Patrick's Day Luncheon and tickets go on sale on 2/24. Movie day and Chit Chat program will be on the schedule. Therapy Garden will return soon. Please make sure you RSVP for all these events. Please be mindful of the weather, our activities will be cancelled when the Haverhill public schools are closed. Call the center if you are unsure.

If you are interested in becoming a member please come in or give us a call. You must be a member to participate in our events and classes.

CENTER CLOSED 02/16/26

2026
FEBRUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Knitting Group 9am Line Dancing 10am 3 B's 11am Senior Fitness 11am Bingo 12pm	2 Zumba 9:30am Mahjong 9:30am Open Art Studio 11am Senior Fitness 11am Mobile Market 11am Yoga 1pm	3 Chair Yoga 9am Comedy Masque 9am World Affair Discussion 10am Senior Fitness 11am Bridge 12:30pm 45's tournament 12:30pm 3 B's 1pm	4 Chair Yoga 9am Comedy Masque 9am World Affair Discussion 10am Senior Fitness 11am Bridge 12:30pm 45's tournament 12:30pm 3 B's 1pm	5 Tai Chi 9am Teddy Bears 9am Zumba 9:30am Senior Balance 11am
Knitting Group 9am Line Dancing 10am 3 B's 11am Senior Fitness 11am Bingo 12pm	9 Zumba 9:30am Mahjong 9:30am Open Art Studio 11am Senior Fitness 11am Yoga 1pm	10 Chair Yoga 9am Comedy Masque 9am Probiotics & Prebiotics 10am Senior Fitness 11am Bridge 12:30pm 45's tournament 12:30pm 3 B's 1pm	11 Chair Yoga 9am Comedy Masque 9am Probiotics & Prebiotics 10am Senior Fitness 11am Bridge 12:30pm 45's tournament 12:30pm 3 B's 1pm	12 Tai Chi 9am Teddy Bears 9am Zumba 9:30am Senior Balance 11am Valentine Party 12 (RSVP)
CLOSED	16 Chit Chat Group 9am Zumba 9:30am Mahjong 9:30am Open Art Studio 11am Senior Fitness 11am Yoga 1pm	17 Chair Yoga 9am Comedy Masque 9am World Affair Discussion 10am Senior Fitness 11am Bridge 12:30pm 45's tournament 12:30pm 3 B's 1pm	18 Chair Yoga 9am Comedy Masque 9am World Affair Discussion 10am Senior Fitness 11am Bridge 12:30pm 45's tournament 12:30pm 3 B's 1pm	19 Tai Chi 9am Teddy Bears 9am Zumba 9:30am Senior Balance 11am Movie Day 12pm
Knitting Group 9am Line Dancing 10am 3 B's 11am Senior Fitness 11am Bingo 12pm	23 Zumba 9:30am Mahjong 9:30am Open Art Studio 11am Senior Fitness 11am Senior Safety 11am Yoga 1pm	24 Chair Yoga 9am Comedy Masque 9am Senior Fitness 11am Bridge 12:30pm 45's tournament 12:30pm 3 B's 1pm	25 Chair Yoga 9am Comedy Masque 9am Senior Fitness 11am Bridge 12:30pm 45's tournament 12:30pm 3 B's 1pm	26 Tai Chi 9am Teddy Bears 9am Zumba 9:30am Senior Balance 11am
				27 3 B's 11:30am Bridge 12:30pm 45's Tournament 12:30

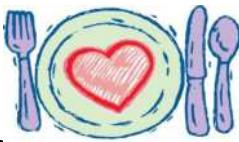
COMMUNITY NIGHT MEALS

MONDAY NIGHTS

SERVING STARTS AT 4:30pm

OPEN UNTIL 5:30pm

OPEN TO ALL IN THE HAVERHILL
COMMUNITY



CONGREGATE LUNCHES

AgeSpan will be serving lunches in the
dining room

STARTING AT 10:30 to 11:00

\$2 suggested donation



BINGO

MONDAYS

Haverhill Citizen Center

Cards sold at 12pm

Game begins at 1pm



Must be a member with the COA

H GOLD CARD

Haverhill residents who are 62 and older are eligible for a free HPS "Gold Card", which is good for admission to all regular season home athletic events, musicals and other district events.

These cards can be picked up at the Council On Aging located at the Haverhill Citizens Center (10 Welcome Street). Proof of residence and age is required to obtain a card. Residents will not be permitted to show proof of age at the events.



LOOKING FOR NEW
PLAYERS

WEDNESDAYS &
FRIDAYS

12:30-3:30pm

Our knitting group is in need of
yarn to continue their great work.
Please donate any yarn that has
not been stored for a long time at
the Haverhill citizen center.

Thank you.

Looking for a gift? In the lobby we
have items knitted by the group
to purchase.



Health Updates

WELLNESS CLINIC

WEDNESDAYS 9-11

WITH NURSE MARY CONNOLLY



FOOT CARE IS BACK!!

Certified Foot Care Specialist,
Marie Anderson, NP, will be available
the

**3rd Friday of
every other month at 11am.**

You must have an appointment to be
seen.

Appointments may be made by
calling nurse

Mary

at 978-374-2390 X 3915.

There is a \$45 fee for the service,
payable with cash or check. At your
first appointment a complete foot
evaluation will be done.



VETERINARY CARE PROGRAM

AgeSpan is fortunate that, through the generosity of Meals On Wheels America and PetSmart, we can offer people 65 and over help with these bills through our Veterinary Care Program.

Who can apply?

People currently receiving AgeSpan services , such as Meals on Wheels, home care or those living in community housing.

People 65 and over, not using our services

People who reside in one of the 28 cities/towns we service.

For more information you can contact AgeSpan at **800-892-0890** if you receive our services

If you are not receiving our services, you can contact Sandy Jennings at

978-946-1222

IMPORTANT INFORMATION

PLEASE BE AWARE

WHEN HAVERHILL PUBLIC SCHOOLS ARE CLOSED OUR ACTIVITIES WILL BE CANCELLED.

IF THERE IS A DELAY, WE WILL ALSO BE DELAYED.

IF YOU HAVE AN ACTIVITY SCHEDULED PLEASE MAKE SURE YOU ARE ON A CALL LIST FOR THAT ACTIVITY.

CALL 978-374-2390 FOR DETAILED INFORMATION.

YOUR SAFETY AND WELL BEING IS IMPORTANT TO US ESPECIALLY DURING INCLEMENT WEATHER. PLEASE MONITOR THE WEATHER AND AVOID UNNECESSARY TRAVEL.



MEXICAN TRAIN DOMINO

If anyone is interested in starting a group to play Mexican Train Domino please reach out to

Paula 978-374-2390
extension 3916.

HAPPY VALENTINE'S DAY



How do I tell you
What you are to me?
It's raining and it's cloudy
And your voice
And our story
Came to my mind
It was a windy day
Still, I opened the door
Now, you are far away
But near my heart



Nutrition Discussion Probiotics & Prebiotics

What Are They and How Can They Help You?

Date: 2/11/2026

Time: 10am

Rm 45

RSVP 978-374-2390 ext. 3916

Join Leigh Hartwell, RDN
Topics Include

- The Gut Microbiome
- Probiotic, Prebiotics and Their Effect On Health
- Sources and Samples of Beneficial Foods

Sponsored by:



COFFEE HOUR

LET'S CATCH UP AND HAVE
A LITTLE CHIT CHAT!



Tuesday
February 17, 2026

9-10am
Dining Hall

Enjoy a warm cup of coffee or tea while engaging in casual chats with friends. It's a chance to catch up, simply unwind or make new friends.

HAVERHILL COA

MOVIE DAY

50 FIRST DATES



A YOUNG MAN FALLS IN LOVE WITH A GIRL WHO HAS SHORT-TERM MEMORY LOSS FROM AN ACCIDENT. EVERY DAY WHEN SHE WAKES UP SHE REMEMBERS NOTHING FROM THE DAY BEFORE. IN AN EFFORT TO HELP HER REMEMBER HIM, HE MAKES A VIDEO TAPE FOR HER TO WATCH EVERY MORNING.

THURSDAY FEBRUARY 19, 2026

12PM RM 45

RSVP WITH PAULA 978-374-2390 EXT 3916

10 WELCOME STREET

SENIOR SAFETY

TUESDAY FEBRUARY 24, 2026
@11AM ROOM 45

This presentation will include tips, techniques, and strategies for handling every day and not-so-everyday situations. If you'd like to hear about the latest scams in our area as well as how to maintain personal safety, this presentation is for you.

Maurice E. Pratt, Assistant Superintendent
Essex County Sheriff's Department



Presenter Maurice Pratt is an Assistant Superintendent at the Essex County Sheriff's Department. He is a sworn Correctional Officer and Deputy Sheriff. In his academy class, he won the Top Physical Fitness award and the Banner award for motivation. Deputy Pratt earned a BS in Political Science with a minor in Economics from Northeastern University, an MBA from Suffolk University, and a Master's in Liberal Arts from Harvard University. He brings his energy as a winning endurance athlete to his work. He has completed more than 60 endurance events, won numerous ultra-marathons and is one of a small number of athletes to have run 50 miles in under seven hours.



REAL ID Workshop

Thursday March 12, 2026

@11am Room 45

Register at 978-374-2390 ext. 3916
10 Welcome Street

REAL ID or a valid Passport is required to fly within the US and to enter certain federal buildings

The Registry of Motor Vehicles' workshop will cover:

- The difference between a "Standard ID" and a "Real ID"
- Renewing a Driver's License or Identification Card
- REAL ID federal and state requirements

Learn if a REAL ID is right for you!



Haverhill Real Estate Exemptions FY 2026

Haverhill provides an additional exemption of 40%

Ownership and residency requirements

Elderly – must be 70 years or older with limits on income and assets. Annually up to \$700.

Widow/Widower – limits on assets. Annually up to \$587.

Blind – must have a certificate from the MA Division of the Blind. Annually up to \$700.

Veteran with Service-Connected Disability – 10%-100% service disability. From up to \$577 to \$1,441 annually.

You must file an application with supporting documents every year with the Assessor's Office beginning November 15, 2025.

Deadline for filing the yearly application is April 1, 2026.

Please contact the Assessor's Office at (978) 374-2316 for more information. assessors@haverhillma.gov

Important Public Service Announcement!

DO NOT put your jewelry box out at a yard sale! You could be giving away HUNDREDS or THOUSANDS of **\$\$\$**. We'll help you find, and pay you fairly for your hidden **GOLD, SILVER**, and vintage costume jewelry treasures! Also buying US & foreign silver & gold coins, your unwanted sterling silver flatware and serving pieces & old watches.

Pratt Hobby Shop
20 East Main St. • Georgetown
978-352-2234

Celebrating our 50th year in business!



Giving starts with heart.

It's a privilege to be part of a community that looks out for one another and lifts each other up when needed. At Pentucket Bank, we're proud to support the members of our community of all ages. We value those who have helped shape our past so that we may thrive in the future. Thank you!

Pentucket Bank
Smart. Simple. Secure.

Member FDIC | Member DIF | Equal Housing Lender | NMLS # 1630813

SUPPORT OUR ADVERTISERS!

Be Independent for Life
Nichols Village
AN ACTIVE ADULT COMMUNITY

One Nichols Way
Groveland, MA 01834
Nichols-Village.com

CALL 978-372-3930

LET'S GROW YOUR BUSINESS
Advertise in our Newsletter!

CONTACT ME Raluca Tutulescu

rtutulescu@4LPI.com • (800) 477-4574 x6222

IF YOU LIVE ALONE

MDMedAlert!™
At HOME and AWAY!

✓ Ambulance ✓ Police ✓ Family
"STAY SAFE in the ✓ GPS & Fall Alert
HOME YOU LOVE!"



800.809.3570

STARTING AT
\$19.95
/mo.



**NEVER MISS
OUR NEWSLETTER!**

SUBSCRIBE

Have our
newsletter
mailed
to you.



Visit
www.mycommunityonline.com

ADVERTISE HERE
to reach your community



Call 800-477-4574



Ad info. 1-800-477-4574 • Publication Support 1-800-888-4574 • www.4lpi.com

Haverhill Council On Aging, Haverhill MA

06-5434

Ruth's House Client Referral Program



Ruth's House 111 Lafayette Square Haverhill, MA 01832

Phone# 978-478-6644 email:referrals@ruthshouse.org www.ruthshouse.org

We offer FREE Clothing to families and individuals 4 times a year.

Eligibility Requirements: Government Assistance such as: HIP, SNAP, WIC, SSI, SSDI, Medicare, Rental or Fuel Assistance.

Hello,

I hope everyone is having a happy and healthy New Year.

I am starting year two of the two-year legislative session! I am always honored to serve Amesbury, Andover, Haverhill, Merrimac, North Andover, Tewksbury and Wilmington.

Here are some updates from the State House

Recent laws passed include:

Social Security numbers are removed from public death certificates, limiting full access to those with legitimate need.

Public transit workers have expanded protections by increasing penalties for assault and battery against them.

The Massachusetts Data Privacy Act was advanced to protect young people, give residents more control over their personal data, and strengthen enforcement.

Statewide economic work:

I was appointed to the Massachusetts Competitiveness Council to help attract jobs, talent, companies, and private investment.

I had Economic Development Secretary Eric Paley on my podcast, The Finegold Factor, to discuss how new technologies are reshaping jobs and competitiveness. Check it out on Youtube.

Local wins:

Andover Housing Authority received a \$3 million state grant to modernize Frye Circle Elderly Housing.

Merrimac received \$30,000 in accessibility grant funding to add curb cuts and improve access on several local streets.

Around the district:

I joined community events, including the Emmaus Inc. 40th anniversary in Haverhill, Eagle scout Ceremonies, Wamesit Lane's 10th Anniversary, the Andover Firefighters Santa Parade, the Amesbury Holiday Parade, and the Merrimac holiday party.

I met with local leaders and advocates, including Phyllis Jones at the Commission on Ability Assistance in North Andover, to discuss equity and accessibility.

Big congratulations to the Shawsheen Rams on winning the MIAA Division 5 Championship!

Have a happy 2026!

Connect at barry.finegold@masenate.gov/617-722-1612
Barry

nationalgrid

**Connect
to Caring**

Meet with a Customer
Advocate at **Haverhill
Citizen Center**



Our Customer Advocates will be available to meet one-on-one on **the 3rd Thursday of the month** to discuss options to manage your energy bill and help you find assistance, including:

- Discount Rate
- Payment Plans
- Budget Billing
- Arrears Management Program (AMP)

Life can be hard but finding assistance shouldn't be.

**Haverhill Citizen Center –
10 Welcome Street
Haverhill, MA 01830**



No appointment is needed, but please bring the following when you visit:

If you receive SNAP, MassHealth, SSI or WIC, please bring your benefit card and/or program acceptance letter to enroll in our Discount Rate Program.

If you are looking for assistance, we're here to help.

For more information, please visit ngrid.com/heretohelp

**the 3rd Thursday
of the month
10 a.m. -1 p.m.**

Haverhill COA

St. Patrick's Day Luncheon

FRIDAY MARCH 20, 2026

12-3pm
\$20

Reservations begin on 2/23/26 for
Haverhill residents.

Reservations begin 2/24/26 for
non Haverhill residents.

RSVP 978-374-2390 ext 3916



Haverhill Citizen Center
10 Welcome street

February Regular Menu 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
2 Two Compartment	3 3 oz Pot Roast 8oz Chicken Sausage Gumbo ½ cup white Rice 1pc Biscuit ½ cup Canned Fruit	3 3 oz Pot Roast 2 oz Brown Gravy ½ cup Carrots ½ cup Mashed Potatoes 1pc WW Bread 1pc Cookie	4 3 oz Chicken Meatballs 2 oz Honey & Garlic Sauce ½ cup Rice Noodles ½ cup Broccoli 1pc WW Dinner Roll 1pc Fresh Fruit	5 Two Compartment 8oz White Ground Turkey Chili with chickpeas, corn & Sweet Potato ½ cup Green Beans 1pc Corn Bread ½ cup Canned Fruit	6 1pc Broccoli Egg Bake ½ cup Roasted Potatoes ½ cup Beets Congregate: Warm Beet Soup instead of beets 1pc WW Bread 1pc Yogurt 1pc Juice (no milk) 1pc Ketchup
9 Two Compartment	10 Sloppy Joe Chicken pot pie 3oz Diced Chicken ½ puff Pastry (congregate) ½ cup peas and carrots 3oz sauce ½ cup Mashed potato 1pc Biscuit (HDM) 1pc Dinner Roll (Congregate) ½ cup Canned Fruit	10 Sloppy Joe 3oz Ground Beef 2oz Tomato Sauce ½ cup Sweet Tater Tots ½ cup Corn 1pc WW Burger Bun ½ cup Canned Fruit No Margarine	11 Hot dog (LS Beef/pork) ½ cup baked beans ½ warm Cinnamon Pears ½ cup Latin slaw 1pc Hot dog roll 1pc Mustard 1pc Relish No Margarine	12 1 pc Potato Crunch Fish ½ cup Lemon & Herb Couscous ½ cup Capri Blend Congregate: Vegetable Soup instead of Capri Blend 1pc MG Bread 1pc tartar Sauce ½ cup Chocolate Pudding	13 Valentines Day Two Compartment 1pc Breaded Eggplant 4 oz Marinara Sauce 1oz Cheese ½ cup Pasta ½ cup California Blend 1pc LS Bread 1pkt Parmesan cheese 1pc Red Velvet Cupcake
16	Holiday No Meals	17 Two Compartment 3oz sliced Beef 4oz Burgundy Sauce with carrots & onions (no mushrooms) ½ cup Egg noodles 1pc MG Bread ½ cup Pineapple	18 Ash Wednesday Cold: 3oz Egg Salad ½ cup Garden Salad 1pc Potato Chips Congregate: Potato Leek Soup instead of chips 1pc Sandwich Roll 1pc Dressing 1pc Fresh Fruit (orange) No Margarine	19 Chinese New Year 3pc Chicken Dumplings ½ cup Asian Blend (no mushrooms) & Bok Choy 4oz Vegetable Fried Rice 1pc Orange Upside Down Cake 1pc Dinner Roll	20 Lent Two Compartment 2pc Stuffed Shells 4ozz Marinara Sauce ½ cup cauliflower 1pc Oat Bread 1pc Gelatin 1pc Parm Cheese
23 Two Compartment	24 3oz BBQ Pulled Pork Beef Stew 3oz Beef 2oz Celery 2oz Carrots ½ cup mashed potatoes 1pc Biscuit ½ cup Canned Fruit	25 3oz Chicken Strips ½ cup Mashed Sweet Potato ½ cup Brussels Sprouts Congregate: Corn Chowder instead of Brussels Sprouts 1pc WW Burger Bun ½ cup Applesauce No Margarine	26 Birthday 3 oz Sliced Turkey 2 oz gravy ½ cup Mashed potato ½ cup Green Beans 1pc LS Wheat Bread 1pc Cupcake	27 Lent 3oz Unbreaded Pollock 2oz Tuscan Sauce ½ cup Carrots ½ cup Parm Risotto 1pc MG Bread ½ cup canned fruit	

RESOURCES



Adults, at least 60 years of age or qualified adults with disability who are determined to be "Homebound" are eligible for home delivered meals at no cost. Call Elder Services of the Merrimack Valley at 1800-892-0890

COULD YOU USE EXTRA MONEY FOR FOOD?

SNAP (Supplemental Nutrition Assistance Program)

For info: Christa Mayfield 617-598-5022/ snap@gbfb.org

AgeSpan & Greater Boston Food Bank has established the Elder Mobile Market program. Eligible Haverhill elders can pick up a free bag of groceries on the 1st Tuesday of every month (depending on your address) You must fill out application. Must be 60 or older and low income.

Info: Amelia DeStefano 978-651-3071 adestefano@AgeSpan.org

Applications from Maria or Paola at HAV COA

PROJECT BREAD'S FOODSOURCE HOTLINE(1800)-645-8333 is able to provide SNAP application assistance over the phone and help identify all of the allowable expenses such as housing and medical costs to ensure you receive full amount of benefits that you are entitled to. **Hotline is open Monday through Friday from 8am to 7pm and Saturdays 10am-2pm.** They can assist in 180 languages. TTY line also available at 1800-377-1292. Or through Live Chat on www.gettingsnap.org

IMPORTANT NUMBERS

HAVERHILL HOUSING

AUTHORITY

978-372-6761 /25 Washington Square

AGESPAN

800-892-0890

RUTH'S HOUSE

978-521-5575

COMMUNITY ACTION

978-373-1971

SOCIAL SECURITY

866-964-4324



Confused about Medicare? Considering enrollment? Unsure about what to do?

The SHINE Program can help.

Are you, a friend or a loved one turning 65 or already 65, considering retirement, and/or simply confused about Medicare?

You are not alone! A SHINE counselor will explain your options and answer your questions.

Learn about the structure of Medicare, when to enroll, and helpful tips to choose plans that suit you, your lifestyle, and your Medicare insurance needs.

Sessions will be presented by a certified SHINE Counselor who provides unbiased Medicare health insurance information and will help guide you through your Medicare options.

Call SHINE at 978-946-1374 to request the link to be sent to you via email, or to talk with a SHINE counselor.

After registering, you will receive a confirmation email containing information about joining the meeting.

Sección de Español



CLASES DE CIUDADANIA PARA SENIORS

DISPONIBLE EN INGLES LUNES 9-10:30 AM

DISPONIBLE EN ESPANOL VIERNES 9-10:30 AM

CLASES DE INGLES PARA SENIORS

DISPONIBLES JUEVES DE 9-10AM

CONTACTAR A MARIA YAGUAL AL

978-374-2390 EXTENSION 3912

PARA MAS INFORMACION

NOTICIAS PARA LA COMUNIDAD LATINA

¿Necesita ayuda con sus cuentas de calefacción?

Llame a Community Action Inc.

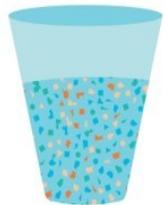
978-373-1971/ 978-374-7660

Cupones de Alimentos (SNAP): Si necesita ayuda para aplicar para el programa de SNAP, haga cita con nuestra trabajadora social

AgeSpan y Greater Boston Food Bank a establecido el programa del **Mercado Movil**. Si tiene bajos ingresos, tiene 60 años o más y vive en Haverhill puede ser elegible a recibir una funda de alimentos gratis el primer martes del mes (dependiendo donde vive). Para información contacte a

Mayerley Astacio 978-651-3024

Microplasticos, impacto grande: Que debe saber!



Cuando: Jueves 26 de Marzo, 2026

Hora: 11am Cuarto #2

Donde: Haverhill Citizen Center

Registrarse con Paola o Maria

Los microplasticos estan en todas partes, pero que significa para nosotros? En esta presentacion, Mariely Almonte, tecnica registrada de nutricion y nutricionista Leigh Hartwell, exploraran como los microplasticos entran a nuestros cuerpos, revisar estudios recientes y explorar formas para reducir la exposicion en alimentos, bebedas, ropa y cosmeticos.

Brindado para usted de parte de:





Give the Gift OF A LIFT!

You drive when and where you want.
Mileage reimbursement and supplemental insurance is provided.

Northern Essex Elder Transport, Inc. (NEET) is a non-profit organization providing non-emergency medical transportation for older adults utilizing volunteer drivers.

This is a unique, personal and flexible volunteer opportunity that works around your schedule.

Won't You Give the Gift of a Lift?

Scan here to volunteer today!!



driveforneet.org/volunteer

VETERANS

Dept. of Veteran Services

Haverhill Citizens Center
10 Welcome St. Haverhill, MA
Veteran's Office 2nd floor

Jeffrey Hollett Veteran Director

Office Hours: 8am-4pm
(978) 374-2351 Ext 3932
Fax: (978) 521-2626



Financial Assistance Benefits

Massachusetts General Law Chapter 115
Veteran Affairs Claims
Welcome Home Bonuses
State of MA Burial Assistance
State of MA Annuity Application Assistance

Employment

Employment Counseling

Education

Montgomery GI Bill- Chapter 30
Post 9/11 Education Benefits- Chapter 33
Vocational Rehabilitation- Chapter 31

Document Verification

Retrieve Discharge Documents
Military Records

VA Hospital Transportation

Transportation is offered to eligible Haverhill residents to the following Hospitals by appointment only: Bedford, Lowell, and West Roxbury, Jamaica Plain.

Schedule an appointment with
Jared DesRoche 978-374-2351 ext. 3910

The City of Haverhill recognizes and deeply appreciates the service of all veterans. Our office strives to advise, engage, and advocate for veterans, dependents, and their families.

Meals on Wheels drivers needed

in Haverhill

Just a few hours per week can make a difference in the lives of older adults in Haverhill.

More than half of Meals on Wheels recipients live alone, and for many of them, the person delivering the meal is often the only person they will see that day. The pandemic has been especially hard on seniors, many of whom were or continue to be isolated in their homes

When you sign up to become a volunteer Meals on Wheels driver, you do more than drop off a meal. You make a difference.

It's easy to give back. Drivers must be 18, pass a background check, have a vehicle, and a valid driver's license. Receive a daily stipend for a commitment from 1 to 5 days a week and just 3 hours per day.

Ready to sign up? Contact Meals on Wheels at nutrition@agespan.org or call 978-686-1422.

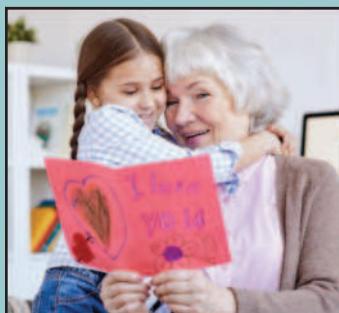


Merrimack Valley Transit

MINI MEVA

An origin to destination service for individuals who cannot use the Meva fixed route bus system. ADA eligible and non-ADA eligible.

Applications available at the Haverhill COA or you can contact Meva at 978-469-6878



WINGATE RESIDENCES
AT HAVERHILL
INDEPENDENT LIVING • ASSISTED LIVING
MEMORY CARE

LIVE WORRY-FREE AND
ENJOY MOMENTS WITH
THE ONES YOU LOVE.

wingateliving.com | 978.912.9250

Need Help with Medicare Plans?
Special or Open Enrollment Period?
Retiring/Turning 65?

Schedule Phone Appointment to
Review Prescription Costs
Supplement & Medicare Advantage

Call 978-314-3760

debhaleyinsurance@gmail.com

Deb Haley

Certified Enrollment Agent

MA, NH, ME, VT, CT, RI, NJ, NC, SC, TN, FL, AZ

Licensed Health Insurance Broker - NPN#18509337

I do not offer every plan available in your area. Currently, I represent 18 organizations that offer 45 products in your area. You may also contact Medicare.gov, 1-800-MEDICARE or your local State Health Insurance Program (SHIP) to get information on all your options.



Are you caring for a
loved one at home
who requires
daily assistance?



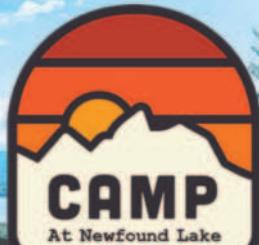
You may qualify for our
program - a MassHealth benefit.
AFCNS offers caregivers:
24/7 support, a tax-free,
monthly payment up to \$1,700,
in-home visits and more.



Serving Essex
County and beyond
for over 23 years.

978-281-2612

www.adultfostercarens.com



792 Mayhew Turnpike Bridgewater NH, 03222

CAMP AT NEWFOUND LAKE IS NOW ACCEPTING SEASONAL AND ALL OTHER
RESERVATIONS FOR THE 2024 SEASON.

RESERVE YOUR RV/CAMPING SEASON!

Check us out at:

www.camp-nh.com



Or call us at:
603-744-3344



The Affordable Option in Haverhill

Assisted Living

MERRIVISTA



Private units featuring full kitchen and private bathroom.

Schedule a Tour Today!

Call (978) 374-2170



www.bethanycommunities.org



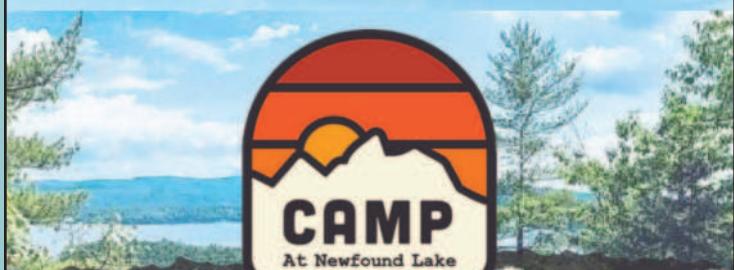
Compassion is at
the heart of our care.

PREMIER PROVIDER FOR POST ACUTE REHAB • PROUD TO BE AGENCY FREE!
ORTHOPEDIC PROGRAM • PULMONARY PROGRAM • WOUND CARE PROGRAM
COMING SOON! AHA HEART FAILURE ACCREDITATION



878.372.7700 • ASPHILLREHAB.COM • 190 NORTH AVE. HAVERHILL, MA 01830

HELLO RV AND CAMPING COMMUNITY!



792 Mayhew Turnpike Bridgewater NH, 03222

CAMP AT NEWFOUND LAKE IS NOW ACCEPTING SEASONAL AND ALL OTHER
RESERVATIONS FOR THE 2024 SEASON.

RESERVE YOUR RV/CAMPING SEASON!

Check us out at:

www.camp-nh.com



Or call us at:
603-744-3344

Community Action, Inc.

Home Energy Assistance Program (HEAP)

Would you like to know how you could get up to
31% OFF on your monthly National Grid bills
and/or home heating oil at deep discounts?

Homeowners can also receive assistance

with heating system repairs,
replacements and free home energy audits.

Visit our website to apply:

www.communityactioninc.org

or call 978-373-1971 ext. 218



Haverhill Council On Aging, Haverhill MA

06-5434



Ad info. 1-800-477-4574 • Publication Support 1-800-888-4574 • www.4lpi.com

Kevin B.
Comeau
FUNERAL HOME

*Big Enough to Serve You.
 Small Enough to Know You.*

978-521-4845

486 Main Street, Haverhill, MA
www.comeaufuneral.com

Independently Owned & Operated



2024

21

**MASTERS
 DIAMOND
 PRODUCER**



TOP 3% OF ALL CENTURY 21® PRODUCERS IN THE US BY
 HOME SALE COMMISSIONS

**JUDY
 MOYNIHAN**

jmoynihan@c21ne.com
 978.360.9495

CENTURY 21
 North East

This recognition is determined between 01/01/2023-12/31/2023. Home data reported to Century 21 Real Estate LLC, as compared to all US-based C21® affiliated real estate associates eligible for the C21® Masters program pursuant to application rules, excluding agents registered as a Broker.

**FULLER RV
 RENTALS & SALES**

150 Shrewsbury St, Boylston, MA 01505, RTE 140

fullerrv.com

Get Away From It All



1 (800) 338-2578

Family Owned and Operated Since '84

BANKERS LIFE®

Charles Wheeler - Financial Advisor
 Bankers Life Advisory Services, Inc.

978-994-0975



*“Meeting Your
 Retirement Needs.”*

Bankers Life is the marketing brand of various affiliated companies of CNO Financial Group including, Bankers Life and Casualty Company, Bankers Life Securities, Inc., and Bankers Life Advisory Services, Inc. Non-affiliated insurance products are offered through Bankers Life Securities General Agency, Inc. (dba BL General Insurance Agency, Inc., AK, AL, CA, NV, PA). Securities and variable annuity products and services are offered by Bankers Life Securities, Inc. Member FINRA/SIPC, (dba BL Securities, Inc., AL, GA, IA, IL, MI, NV, PA). Advisory products and services are offered by Bankers Life Advisory Services, Inc. SEC Registered Investment Adviser (dba BL Advisory Services, Inc., AL, GA, IA, MT, NV, PA). Investments are: Not Guaranteed—Involve Risk—May Lose Value. Home Office: 303 East Wacker Drive, 5th Floor, Chicago, IL 60601 Bankers Life Securities Customer Call Center: (844) 553-9083

**SARAH'S PLACE ADULT
 DAY HEALTH CENTER**

“Feeling the Love, Sharing the Laughter”

- Keeping active, healthy, social and in the community
- Professional, caring staff to help you remain independent
- Activities that promote physical and mental well being • Respite for caregivers
- Nutritious meals and snacks • Serving aging and disabled adults since 2000

(978) 374-2175 • www.sarahsplace.org

180 Water Street, Haverhill, MA 01830



**Berube-Comeau
 Funeral Home**

A Life Celebration® Home

47 Broadway, Haverhill, MA

978-373-5668

www.berubecomeau.com

Comeau Funeral Service, Inc. D.B.A.



ASPEN HILL

REHABILITATION & HEALTHCARE

Welcome to Aspen Hill Rehabilitation & Healthcare Center, a warm and welcoming skilled nursing center offering the best in subacute rehab and long-term care with a primary goal of returning patients home as soon as possible. We are excited to infuse our center with our progressive rehab approach. An integral part of the Haverhill community, our top-notch professional staff partners with the best healthcare providers in the area to deliver exceptional clinical care. Our caregivers strive to enrich and enhance the quality of life of everyone and are dedicated to meeting all their physical, emotional, and spiritual needs.

190 North Ave • Haverhill

978-372-7700

www.aspenhillrehab.com



Ad info. 1-800-477-4574 • Publication Support 1-800-888-4574 • www.4lpi.com

Haverhill Council On Aging, Haverhill MA

06-5434