

The Voice

Haverhill Council on Aging

COA STAFF

Mary Connolly -

Director of COA/Nurse

Indhira Rijo -

Principal Account Clerk

Betty Burnell- Transportation

Maria Yagual - Outreach

Paola Hussein -

Volunteer/Activities

Coordinator

Melinda Barrett - Mayor

**Remember you can view our
newsletter online:**

www.haverhillma.gov

Click on Parks & Rec

Click on Council On Aging

Click on Newsletter

**IF YOU HAVE CHANGED
YOUR ADDRESS OR
PHONE NUMBER PLEASE
CALL US TO UPDATE IT IN
OUR SYSTEM**

**IF YOU WANT THE VOICE
MAILED TO YOU CALL US
AT 978-374-2390 EXT 3916**

**DONATIONS WILL BE
APPRECIATED**

LA VOZ

A newsletter for Haverhill residents from 60-106

10 Welcome Street Haverhill, MA 01830

Monday—Friday 8am-4pm

978-374-2390

www.cityofhaverhill.com

MAY 2026

"Blossoming one day at a time"

May is here! Let's enjoy the simple pleasures this season offers. The warmer weather gives us an opportunity to stay more active, engaged and connected. The days are a little brighter and a little warmer, bringing new possibilities. We've been cooped up too long in the winter, it's time to get outside and get some sunshine. Wishing you all a month full of happiness and well being.

We start the month with a Hands-Only CPR workshop from the American Red Cross. Howie Newman and Joe Kessler will return with a free concert of oldies, soft rock and country music, courtesy of the Cultural Council. Join Maurice Pratt, assistant Superintendent Essex County Sheriff on a Senior Safety presentation. The Senior Medical Patrol will bring an informational presentation on Understanding Ambulance Billing. Spring Fling tickets are sold out but a waitlist is open. Feel free to join our monthly Chit Chat group and sit for one of our movies. Our van is rolling, check inside for this month's trips. Looking ahead sign up for our Ice Cream Social in June followed by a performance by the Delvena Theatre group with a sequel to Nun of this and Nun of That! For more information look inside or call the center. It's very important to RSVP for activities. If you are interested in becoming a member please come in or give us a call. You must be a member to participate in our events and classes.

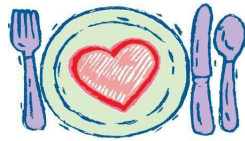
**CENTER WILL BE CLOSED
MONDAY MAY 25, 2026**

MAY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 3 B's 11:30am Bridge 12:30pm 45's Tournament 12:30
4 Knitting Group 9am Line Dancing 10am 3 B's 11am Senior Fitness 11am Bingo 12pm	5 Zumba 9:30am Mahjong 10am Open Art Studio 11am Senior Fitness 11am Mobile Market 11-1pm	6 Chair Yoga 9am Comedy Masque 9am World Affair Discussion 10 Senior Fitness 11am Bridge 12:30pm 45's tournament 12:30pm 3 B's 1pm	7 Tai Chi 9am Teddy Bears 9am Zumba 9:30am Senior Balance 11am CPR Hands only 11	8 3 B's 11:30am Bridge 12:30pm 45's Tournament 12:30
11 Knitting Group 9am Line Dancing 10am 3 B's 11am Senior Fitness 11am Bingo 12pm	12 Zumba 9:30am Mahjong 10am Open Art Studio 11am Senior Fitness 11am Howie Newman 11am	13 Chair Yoga 9am Comedy Masque 9am Senior Fitness 11am Bridge 12:30pm 45's tournament 12:30pm 3 B's 1pm	14 Tai Chi 9am Teddy Bears 9am Zumba 9:30am Senior Balance 11am Senior Safety 11am	15 3 B's 11:30am Bridge 12:30pm 45's Tournament 12:30 Spring Fling RSVP only
18 Knitting Group 9am Line Dancing 10am 3 B's 11am Senior Fitness 11am Bingo 12pm	19 Chit Chat 9am Zumba 9:30am Mahjong 10am Open Art Studio 11am Senior Fitness 11am	20 Chair Yoga 9am Comedy Masque 9am World Affair Discussion 10 Senior Fitness 11am Bridge 12:30pm 45's tournament 12:30pm 3 B's 1pm	21 Tai Chi 9am Teddy Bears 9am Zumba 9:30am Senior Balance 11am SMP Ambulance billing 11:30	22 3 B's 11:30am Bridge 12:30pm 45's Tournament 12:30
25 Center closed for Memorial Day Holiday	26 Zumba 9:30am Mahjong 10am Open Art Studio 11am Senior Fitness 11am	27 Chair Yoga 9am Comedy Masque 9am Senior Fitness 11am Bridge 12:30pm 45's tournament 12:30pm 3 B's 1pm	28 Tai Chi 9am Teddy Bears 9am Zumba 9:30am Senior Balance 11am Movie Day 12pm	29 3 B's 11:30am Bridge 12:30pm 45's Tournament 12:30 Traveling Chef 11am
	Coffee Daily 9-11am		Pool Hall 8-3pm Library 8-3pm Fitness Room 8-3pm	

COMMUNITY NIGHT MEALS

MONDAY NIGHTS



SERVING STARTS AT 4:30pm

OPEN UNTIL 5:30pm

OPEN TO ALL IN THE HAVERHILL COMMUNITY

CONGREGATE LUNCHES

AgeSpan will be serving lunches in the dining room

STARTING AT 10:30 to 11:00

\$2 suggested donation



BINGO

MONDAYS

Haverhill Citizen Center

Cards sold at 12pm

Game begins at 1pm



Must be a member with the COA

VOLUNTEER OPPORTUNITY

Front Lobby Greeter

Monday - Friday 9-12

Volunteer Share opportunity available.

Contact Mary Connolly
(978) 374-2390 X 3915



H GOLD CARD

Haverhill residents who are 62 and older are eligible for a free HPS "Gold Card", which is good for admission to all regular season home athletic events, musicals and other district events.

These cards can be picked up at the Council On Aging located at the Haverhill Citizens Center (10 Welcome Street). Proof of residence and age is required to obtain a card. Residents will not be permitted to show proof of age at the events.

Our knitting group is in need of yarn to continue their great work. Please donate any yarn that has not been stored for a long time at the Haverhill citizen center.

Thank you.

Looking for a gift? In the lobby we have items knitted by the group to purchase.



Health Updates

WELLNESS CLINIC

WEDNESDAYS 9-11

WITH NURSE MARY CONNOLLY



FOOT CARE IS BACK!!

Certified Foot Care Specialist,
Marie Anderson, NP, will be available
the

**3rd Friday of
every other month at 11am.**

You must have an appointment to be
seen.

Appointments may be made by
calling nurse

Mary

at 978-374-2390 X 3915.

There is a \$45 fee for the service,
payable with cash or check. At your
first appointment a complete foot
evaluation will be done.



VETERINARY CARE PROGRAM

AgeSpan is fortunate that, through the
generosity of Meals On Wheels America
and PetSmart, we can offer people 65 and
over help with these bills through our
Veterinary Care Program.

Who can apply?

People currently receiving AgeSpan
services , such as Meals on Wheels, home
care or those living in community housing.

People 65 and over, not using our services

People who reside in one of the 28 cities/
towns we service.

For more information you can contact
AgeSpan at **800-892-0890** if you receive
our services

If you are not receiving our services, you
can contact Sandy Jennings at

978-946-1222



*Be ready
to save a
life*
with
Hands-Only CPR

It's easy to learn. You can increase the chance of someone surviving a cardiac emergency by taking a FREE American Red Cross class.

More than 350,000 cardiac arrests occur outside a hospital each year. Learn how to deliver lifesaving CPR care without rescue breaths and be prepared.

When you immediately provide Hands-Only CPR, you can increase the chance of survival.]

Sign up for a FREE class.
The class will be held on May 7 at 11:00 AM.

Location: Haverhill Citizen Center/ Rm 45

To register: Call 978-374-2390 ext. 3916



HAVERHILL COA

SENIOR SAFETY

THURSDAY MAY 14, 2026

@11AM ROOM 45

RSVP 978-374-2390 ext 3916

This presentation will include tips, techniques, and strategies for handling every day and not-so-everyday situations. If you'd like to hear about the latest scams in our area as well as how to maintain personal safety, this presentation is for you.

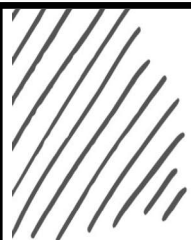
Maurice E. Pratt, Assistant Superintendent
Essex County Sheriff's Department



Presenter Maurice Pratt is an Assistant Superintendent at the Essex County Sheriff's Department. He is a sworn Correctional Officer and Deputy Sheriff. In his academy class, he won the Top Physical Fitness award and the Banner award for motivation.

Deputy Pratt earned a BS in Political Science with a minor in Economics from Northeastern University, an MBA from Suffolk University, and a Master's in Liberal Arts from Harvard University.

He brings his energy as a winning endurance athlete to his work. He has completed more than 60 endurance events, won numerous ultra-marathons and is one of a small number of athletes to have run 50 miles in under seven hours.



COFFEE HOUR

LET'S CATCH UP AND HAVE
A LITTLE CHIT CHAT!

Tuesday
May 19, 2026
9-10am
Dining Hall

Enjoy a warm cup of coffee or tea while engaging in casual chats with friends. It's a chance to catch up, simply unwind or make new friends.



HAVERHILL COA

MOVIE DAY



TOP GUN: MAVERICK

AFTER MORE THAN 30 YEARS OF SERVICE AS ONE OF THE NAVY'S TOP AVIATORS, PETE 'MAVERICK' MITCHELL IS WHERE HE BELONGS, PUSHING THE ENVELOPE AS A COURAGEOUS TEST PILOT AND DODGING THE ADVANCEMENT IN RANK THAT WOULD GROUND HIM. TRAINING A DETACHMENT OF GRADUATES FOR A SPECIAL ASSIGNMENT, MAVERICK MUST CONFRONT THE GHOSTS OF HIS PAST AND HIS DEEPEST FEARS, CULMINATING IN A MISSION THAT DEMANDS THE ULTIMATE SACRIFICE FROM THOSE WHO CHOOSE TO FLY IT.

THURSDAY MAY 28, 2026
12PM RM 45
RSVP WITH PAULA 978-374-2390 EXT 3916
10 WELCOME STREET



DO YOU UNDERSTAND AMBULANCE BILLING?

Come to a Free Important Informational Presentation

Thursday, May 21st, 2026 - 11:30 am
Haverhill Senior Center

10 Welcome St. Haverhill, MA 01830



Be an engaged healthcare consumer! It's important to understand your health benefits eligibility. A representative from the Massachusetts Senior Medicare Patrol (SMP) Program will deliver a presentation on Medicare coverage for ambulance billing. Topics will include:

- Deductibles and copays
- Ambulance vs. chair car transport
- Paperwork you may be asked to sign
- How to resolve billing discrepancies
- Additional resources

**RSVP 978-374-2390
X3916**

You are strongly encouraged to attend this free and interactive presentation!



To request an accommodation, please contact
Sujaliz Dominguez at sdominguez@agespan.org or (978) 946-1360.
Requests must be made at least 2 weeks in advance of the event.

This publication is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$902,237 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS or the U.S. Government.

TRAVELING CHEF

Traveling Chef is back!

**May 29th, 2026
11 am**

**Sign up by May 6th
w/ Maria Yagual
978-374-2390 ext 3912**



Menu

**Ravioli w/ Pesto Sauce
Capri Blend Veggies
Ceasar salad
Lemon Ricotta Cake
Garlic Roll and Parmesan Cheese**

Haverhill Citizen's Center

10 Welcome St.
978-374-2390

TUESDAY, MAY 12

11 a.m.-12 p.m.

FREE CONCERT

KNOCK ON WOOD

acoustic folk-rock duo

Howie Newman Joe Kessler

OLDIES, SOFT ROCK, COUNTRY MUSIC AND A FEW SURPRISES



**RESERVATIONS
REQUIRED**

Call **978-374-2390**,
ext. 3916



This performance is supported in part by a grant from Haverhill Cultural Council, a local agency supported by the Mass. Cultural Council, a state agency.

Important Public Service Announcement!

DO NOT put your jewelry box out at a yard sale! You could be giving away HUNDREDS or THOUSANDS of \$\$\$.

We'll help you find, and pay you fairly for your hidden **GOLD, SILVER,** and vintage costume jewelry treasures! Also buying US & foreign silver & gold coins, your unwanted sterling silver flatware and serving pieces & old watches.

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Ice Cream Social



**THURSDAY
JUNE 18, 2026
12pm-1pm
\$5**

**RSVP by June 5th
978-374-2390 ext 3916**

HAVERHILL CITIZEN CENTER



Ruth's House Client Referral Program



Ruth's House 111 Lafayette Square Haverhill, MA 01832
Phone# 978-478-6644 email:referrals@ruthshouse.org www.ruthshouse.org

We offer FREE Clothing to families and individuals 4 times a year.

Eligibility Requirements: Government Assistance such as: HIP, SNAP, WIC, SSI, SSDI, Medicare, Rental or Fuel Assistance.



THE VAN IS ROLLING!!

Upcoming Trips

Tuesday May 5th

Day Trip to **Seabrook Commons**, Outdoor Shopping Plazas in Seabrook (Walmart, Hobby Lobby, Michaels, Yankee Candle and many others)

Lunch on your own

Van Leaves Citizen Center at 10:00 AM

Tuesday May 12th

Back to **Lindt Candy Store in Stratham, NH** followed by lunch at **Mr. Mikes** (Prime Rib Special day!!) \$\$

Van Leaves Citizen Center at 10AM

Friday May 15th

**Pheasant Mall and
Nash Casino**

Lunch on your own at many of the restaurants at the Pheasant Lane Mall

Van Leaves Citizen Center at 9:30AM

Reservations to be made with

Doris at (978) 351-2430.

\$5.00 charge for van trip payable by cash or check to Doris on day of trip.

DELVENA THEATRE PRESENTS



NUN OF THIS AND NUN OF THAT! THE SEQUEL

A sequel to Delvena Theatre Company's ever-popular, *None of This and Nun of That!*, this show will feature an interactive, live, comedy about a 55th parochial class reunion featuring two actresses. Fun, light-hearted entertainment!

THURSDAY JUNE 18, 12:30PM

RSVP 978-374-2390 EXT 3916

HAVERHILL CITIZEN CENTER

10 WELCOME STREET

Nun of This and Nun of That! – the Sequel is supported in part by a grant from the Haverhill Cultural Council, a local agency which is supported by the Massachusetts Cultural Council, a state agency.



May Regular Menu 2026

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				AgeSpan- No meals Volunteer appreciation Day
<p>4 3oz Pork 2oz Scallopmi Sauce ½ cup Mashed Potato ½ cup Green Beans 1pc WW Bread ¼ cup Fruit</p>	<p>5 Two Compartment Tuscan White Bean Pasta 4 oz pasta & 4 oz White Beans, Spinach, Tomatoes and Parmesan ½ cup peas 1pc Garlic Roll ½ cup Yogurt 1pc Juice (no milk)</p>	<p>6 Two Compartment Unstuffed Pepper Bowl 3oz ground Beef & 2oz onions, peppers, tomatoes on top of ½ cup White Rice ½ cup Warm Peaches ¼ Garden Salad 1pc MG Bread 1pc Salad Dressing</p>	<p>7 Special: Mother's Day 4oz Crustless Quiche 4oz Potatoes O'Brien 4oz Honey Glazed Carrots Congregate: Carrot and Ginger Soup Instead of carrots ½ cup Fresh Fruit Salad 1pc Crumb Coffee Cake</p>	<p>8 3oz Grilled Chicken 2oz Balsamic Glaze ½ cup Mashed Sweet Potatoes ½ cup Brussels Sprouts 1pc WW Dinner Roll 1pc Fresh Fruit</p>
<p>11 Two Compartment 3oz Ravioli 4 oz Ground Turkey Marinara ½ cup Italian Blend Veg 1pc MG Bread ½ cup Gelatin 1pc parmesan</p>	<p>12 4oz Breaded Pollock 2oz lemon, garlic & thyme butter ½ cup Rice Pilaf Congregate: Broccoli & Cheese Soup instead of capri blend ½ cup Capri Blend 1pc WW Dinner Roll ½ cup mandarins</p>	<p>13 Cold Turkey Cobb Salad 1oz Turkey 1 oz Shredded Cheese 1pc HB egg 8oz Garden Salad ½ cup Corn Salad ½ Pita Bread ½ cup Fruit No Margarine</p>	<p>14 3oz Chicken Kiev 2oz Supreme Sauce 4oz Mashed Potatoes 4oz Berry Crisp 4oz Caesar Salad 1pc Caesar Dressing 1pc Oat Bread</p>	<p>15 1pc Hot dog (LS Beef/pork) ½ cup baked beans ½ warm Cinnamon Apples ½ cup coleslaw 1pc Hot dog roll 1pc Mustard 1pc Rellish No Margarine</p>
<p>18 Two Compartment Greek Chicken 3oz Grilled Chicken 4oz feta, spinach, olives & red peppers ½ cup Orzo 1pc Oat Bread ½ cup applesauce</p>	<p>19 Two Compartment 8 oz macaroni and cheese ½ cup Peas 1 slice WW Bread ½ cup mandarins</p>	<p>20 Soft Taco 3oz Ground Beef 2oz peppers & onions ½ cup Black Beans Congregate: Black Bean Soup instead of the beans ½ cup Spanish Rice 1pc Tortilla 1pc Sour Cream 1pc Fresh Fruit No Margarine</p>	<p>21 Birthday Meatball Sub 3pc Chicken Meatballs 2oz Marinara Sauce ½ cup tater tots ½ cup Broccoli 1pc Sub Roll 1pc cupcake No Margarine</p>	<p>22 4oz Unbreaded Pollock 2oz Lemon, garlic, dill & Mustard sauce ½ cup Mashed Potatoes ½ cup Capri Blend 1pc WW Dinner Roll ½ cup Pudding</p>
<p>25</p> <p>Holiday No Meals</p>	<p>26 1pc Breaded Chicken 2oz Francese sauce ½ cup Parmesan Risotto Congregate: Italian Rice Soup instead of risotto ½ cup Green Beans 1pc WW Bread ½ cup Pineapple</p>	<p>27 Cold: 2oz Deli Turkey 1oz Swiss Cheese ½ cup Pesto Pasta Salad ½ cup 3 Bean Salad 1/2 cup Yogurt ½ Pita Bread 1pc Juice (no milk) 1pc Mustard No Margarine</p>	<p>28 1pc cheese omelet 1pc Turkey Sausage 2pc Sausage Congregate ½ cup Roasted Potatoes ½ cup Chukwaggon Corn 1pc Fruit Loaf ½ cup fruit 1pc Ketchup</p>	<p>29 Mongolian Beef 3oz Sliced Beef 2oz Sauce & scallions 1/2 cup Snap Peas ½ cup Brown Rice 1pc MG Bread 1pc Fresh Fruit</p>

RESOURCES



Adults, at least 60 years of age or qualified adults with disability who are determined to be “Homebound” are eligible for home delivered meals at no cost. Call Elder Services of the Merrimack Valley at 1800-892-0890

COULD YOU USE EXTRA MONEY FOR FOOD?

SNAP (Supplemental Nutrition Assistance Program)

For info: Christa Mayfield 617-598-5022/ snap@gbfb.org

AgeSpan & Greater Boston Food Bank has established the Elder Mobile Market program. Eligible Haverhill elders can pick up a free bag of groceries on the 1st Tuesday of every month (depending on your address) You must fill out application. Must be 60 or older and low income.

Info: Amelia DeStefano 978-651-3071 adestefano@AgeSpan.org

Applications from Maria or Paola at HAV COA

PROJECT BREAD’S FOODSOURCE HOTLINE(1800)-645-8333 is able to provide SNAP application assistance over the phone and help identify all of the allowable expenses such as housing and medical costs to ensure you receive full amount of benefits that you are entitled to. **Hotline is open Monday through Friday from 8am to 7pm and Saturdays 10am-2pm.** They can assist in 180 languages. TTY line also available at 1800-377-1292. Or through Live Chat on www.gettingsnap.org

IMPORTANT NUMBERS

HAVERHILL HOUSING

AUTHORITY

978-372-6761 /25 Washington Square

AGESPAN

800-892-0890

RUTH’S HOUSE

978-521-5575

COMMUNITY ACTION

978-373-1971

SOCIAL SECURITY

866-964-4324



Confused about Medicare? Considering enrollment? Unsure about what to do?

The SHINE Program can help.

Are you, a friend or a loved one turning 65 or already 65, considering retirement, and/or simply confused about Medicare?

You are not alone! A SHINE counselor will explain your options and answer your questions.

Learn about the structure of Medicare, when to enroll, and helpful tips to choose plans that suit you, your lifestyle, and your Medicare insurance needs.

Sessions will be presented by a certified SHINE Counselor who provides unbiased Medicare health insurance information and will help guide you through your Medicare options.

Call SHINE at 978-946-1374 to request the link to be sent to you via email, or to talk with a SHINE counselor.

After registering, you will receive a confirmation email containing information about joining the meeting.

Sección de Español



CLASES DE CIUDADANIA PARA SENIORS

DISPONIBLE EN INGLES LUNES 9-10:30 AM

DISPONIBLE EN ESPANOL VIERNES 9-10:30 AM

CLASES DE INGLES PARA SENIORS

DISPONIBLES JUEVES DE 9-10AM

CONTACTAR A MARIA YAGUAL AL

978-374-2390 EXTENSION 3912

PARA MAS INFORMACION

NOTICIAS PARA LA COMUNIDAD LATINA

¿Necesita ayuda con sus cuentas de calefacción?

Llame a Community Action Inc.

978-373-1971/ 978-374-7660

Cupones de Alimentos (SNAP): Si necesita ayuda para aplicar para el programa de SNAP, haga cita con nuestra trabajadora social.

AgeSpan y Greater Boston Food Bank a establecido el programa del **Mercado Movil**. Si tiene bajos ingresos, tiene 60 años o más y vive en Haverhill puede ser elegible a recibir una funda de alimentos gratis el primer martes del mes (dependiendo donde vive). Para información contacte a

Mayerley Astacio 978-651-3024

Ice Cream Social



**THURSDAY
JUNE 18, 2026
12pm-1pm
\$5**

**RSVP by June 5th
978-374-2390 ext 3916**

HAVERHILL CITIZEN CENTER



SPRING IS IN THE AIR! VOLUNTEER!

Get Involved, Make a difference!

Volunteer to drive older adults in your community.
You decide when and where to drive.
Mileage reimbursement provided.

Call NEET at 978-388-7474 or

Visit www.driveforneet.org/volunteer



VETERANS



Dept. of Veteran Services

Haverhill Citizens Center
10 Welcome St. Haverhill, MA
Veteran's Office 2nd floor

Jeffrey Hollett Veteran Director

Office Hours: 8am-4pm
(978) 374-2351 Ext 3932
Fax: (978) 521-2626

Financial Assistance Benefits

Massachusetts General Law Chapter 115
Veteran Affairs Claims
Welcome Home Bonuses
State of MA Burial Assistance
State of MA Annuity Application Assistance

Employment

Employment Counseling

Education

Montgomery GI Bill- Chapter 30
Post 9/11 Education Benefits- Chapter 33
Vocational Rehabilitation- Chapter 31

Document Verification

Retrieve Discharge Documents
Military Records

VA Hospital Transportation

Transportation is offered to eligible Haverhill residents to the following Hospitals by appointment only: Bedford, Lowell, and West Roxbury, Jamaica Plain.

Schedule an appointment with

Jared DesRoche 978-374-2351 ext. 3910

The City of Haverhill recognizes and deeply appreciates the service of all veterans. Our office strives to advise, engage, and advocate for veterans, dependents, and their families.

Meals on Wheels drivers needed in Haverhill

Just a few hours per week can make a difference in the lives of older adults in Haverhill.

More than half of Meals on Wheels recipients live alone, and for many of them, the person delivering the meal is often the only person they will see that day. The pandemic has been especially hard on seniors, many of whom were or continue to be isolated in their homes

When you sign up to become a volunteer Meals on Wheels driver, you do more than drop off a meal. You make a difference.

It's easy to give back. Drivers must be 18, pass a background check, have a vehicle, and a valid driver's license. Drive from 1 to 5 days a week and just 3 hours per day.

Ready to sign up? Contact Meals on Wheels at nutrition@agespan.org or call 978-686-1422.



MINI MEVA

An origin to destination service for individuals who cannot use the Meva fixed route bus system. ADA eligible and non-ADA eligible.

Applications available at the Haverhill COA or you can contact Meva at 978-469-6878



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Retiring/Turning 65?**

Schedule Phone Appointment to
Review Prescription Costs
Supplement & Medicare Advantage

Call 978-314-3760
debhaleyinsurance@gmail.com

Deb Haley

Certified Enrollment Agent
MA, NH, ME, VT, CT, RI, NJ, NC, SC, TN, FL, AZ
Licensed Health Insurance Broker - NPN#18509337

I do not offer every plan available in your area. Currently I represent 18 organizations that offer 45 products in your area. You may also contact Medicare.gov, 1-800-MEDICARE or your local State Health Insurance Program (SHIP) to get information on all your options.



AdultFosterCare
of the North Shore

Are you caring for a
loved one at home
who requires
daily assistance?



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program - a MassHealth benefit.
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Community Action, Inc.

Home Energy Assistance Program (HEAP)

Would you like to know how you could get up to
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Homeowners can also receive assistance
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Visit our website to apply:

www.communityactioninc.org

or call 978-373-1971 ext. 218



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Haverhill Council On Aging, Haverhill MA

06-5434

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