



### CONTACT YOUR HEALTH INSURANCE CARRIERS FOR:

- Requesting Member ID card(s)
- Finding a provider
- Tiered doctor & hospital lists
- Tele-health options that are offered
- Fitness and wellness programs offered

HEALTH INSURANCE PLAN CARRIERS	PHONE	WEBSITE
Mass General Brigham Health Plan	1.866.567.9175	<a href="https://massgeneralbrighamhealthplan.org/gic-members">massgeneralbrighamhealthplan.org/gic-members</a>
Harvard Pilgrim Health Care	1.844.442.7324	<a href="https://harvardpilgrim.org/gic">harvardpilgrim.org/gic</a>
Health New England	1.800.842.4464	<a href="https://healthnewengland.org/gic">healthnewengland.org/gic</a>
Tufts Health Plan (Medicare Only)	1.855.852.1016	<a href="https://tuftshealthplan.com/gic">tuftshealthplan.com/gic</a>
Wellpoint Non-Medicare plans Medicare plan	1.833.663.4176 1.800.442.9300	<a href="https://wellpointmass.com">wellpointmass.com</a>
PHARMACY BENEFITS		
CVS Caremark	1.877.876.7214	<a href="https://info.caremark.com/oe/gic">info.caremark.com/oe/gic</a>
CVS SilverScript	1.877.876.7214	<a href="https://gic.silverscript.com">gic.silverscript.com</a>
OTHER BENEFITS		
GIC Retiree Altus Dental Plan	1.833.442.0411	<a href="https://altusdental.com/gic">altusdental.com/gic</a>
Mass4YOU Employee Assistance Program	1.844.263.1982	<a href="https://liveandworkwell.com">liveandworkwell.com</a> (access code: mass4you)
ADDITIONAL RESOURCES (NOT ADMINISTERED BY THE GIC)		
Social Security Administration	1.800.772.1213	<a href="https://ssa.gov">ssa.gov</a>
Medicare	1.800.633.4227	<a href="https://medicare.gov">medicare.gov</a>