



CONTACT YOUR HEALTH INSURANCE CARRIERS FOR:

- Requesting Member ID card(s)
- Finding a provider
- Tiered doctor & hospital lists
- Tele-health options that are offered
- Fitness and wellness programs offered

HEALTH INSURANCE PLAN CARRIERS	PHONE	WEBSITE
Mass General Brigham Health Plan	1.866.567.9175	massgeneralbrighamhealthplan.org/gic-members
Harvard Pilgrim Health Care	1.844.442.7324	harvardpilgrim.org/gic
Health New England	1.800.842.4464	healthnewengland.org/gic
Tufts Health Plan (Medicare Only)	1.855.852.1016	tuftshealthplan.com/gic
Wellpoint Non-Medicare plans Medicare plan	1.833.663.4176 1.800.442.9300	wellpointmass.com
PHARMACY BENEFITS		
CVS Caremark	1.877.876.7214	info.caremark.com/oe/gic
CVS SilverScript	1.877.876.7214	gic.silverscript.com
OTHER BENEFITS		
Retiree Altus Dental Plan	1.833.442.0411	altusdental.com/gic
Mass4YOU Employee Assistance Program	1.844.263.1982	supportfinder.optum.com/mass4you
Hinge Health	1.855.902.2777	hinge.health/mass.gov
ADDITIONAL RESOURCES (NOT ADMINISTERED BY THE GIC)		
Social Security Administration	1.800.772.1213	ssa.gov
Medicare	1.800.633.4227	medicare.gov