# Wellpoint

Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services Wellpoint PLUS

Coverage for: Individual/Family | Plan Type: Indemnity

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to

www.wellpointmass.com/health-plans/plus-plan or call 833-663-4176. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copay</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>https://www.healthcare.gov/sbc-glossary</u> or call 833-663-4176 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	For network (contracted) providers: <b>\$500</b> /person or <b>\$1,000</b> /family For out-of-network (non-contracted) providers: <b>\$500</b> /person or <b>\$1,000</b> /family	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive care</u> and network (contracted) behavioral health services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copay</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	Yes. <b>\$100</b> /person or <b>\$200</b> /family for prescription drugs per benefit period. Prescription drug coverage is administered through CVS Caremark.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this plan begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Network (contracted) medical, emergency, prescription drug and behavioral health (shared): <b>\$5,000</b> /person or <b>\$10,000</b> /family Out-of-network (non-contracted) medical and behavioral health (shared): <b>\$5,000</b> /person or <b>\$10,000</b> /family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance billing charges, and health care this plan doesn't cover	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. Go to <u>wellpointmass.com</u> or call 833-663-4176 for a list of network (contracted) providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All copay and coinsurance costs shown in this chart apply both before and after your deductible has been met, if a deductible applies.

Common		What You Will Pay		Limitations Exceptions 9 Other
Common Medical Event	Services You May Need	Contracted Provider (You will pay the least)	Non-contracted Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	In MA: Tier 1: \$10 <u>copay</u> /visit Tier 2: \$20 <u>copay</u> /visit Tier 3: \$40 <u>copay</u> /visit Outside MA: \$20 <u>copay</u> /visit <u>Deductible</u> does not apply	20% <u>coinsurance</u>	None
If you visit a health care <u>provider's</u> office or clinic	<u>Specialist</u> visit	In MA: Tier 1: \$30 <u>copay</u> /visit Tier 2: \$60 <u>copay</u> /visit Tier 3: \$75 <u>copay</u> /visit Outside MA and other specialists: \$60 <u>copay</u> /visit <u>Deductible</u> does not apply	20% <u>coinsurance</u>	None
	Preventive care/screening/ immunization	No charge <u>Deductible</u> does not apply	No charge <u>Deductible</u> does not apply	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a tast	<u>Diagnostic test</u> (X-ray, blood work)	No charge	20% <u>coinsurance</u>	None
If you have a test	Imaging (CT/PET scans, MRIs)	\$100	\$100 <u>copay</u> /day and 20% <u>coinsurance</u>	Preauthorization is required for some procedures.
If you need drugs to treat your illness or condition	Tier 1 – Generic drugs	\$10 <u>copay</u> /prescription (retail) \$25 <u>copay</u> /prescription (mail order)		Retail cost share is for up to a 30-day supply; mail order <u>cost share</u> is for up to a 90-day supply. Some drugs require prior authorization to be covered. Some drugs
Benefits provided by CVS Caremark More information about prescription drug	Tier 2 – Preferred brand and some generic drugs	\$30 <u>copay</u> /prescription (retail) \$75 <u>copay</u> /prescription (mail order)		have quantity limitations. A 90-day supply of maintenance medications may be obtained at a CVS Pharmacy for the applicable mail order <u>copay</u> . If a drug
<u>coverage</u> is available at <u>caremark.com</u> Phone: 877-876-7214	Tier 3 – Non-preferred brand drugs	\$65 <u>copay</u> /prescription (retail) \$165 <u>copay</u> /prescription (mail order)		has a generic equivalent, and you buy the brand name (even if your physician indicates no substitutions), you will pay the generic-level <u>copay</u> plus the cost

Common		What You Will Pay		Limitations, Exceptions, & Other
Medical Event	Services You May Need	Contracted Provider (You will pay the least)	Non-contracted Provider (You will pay the most)	Important Information
				difference between the generic and the brand name drug.
	Specialty drugs	Limited to a 30-day supply with approprial when purchased at a designated special		Limited to a 30-day supply. Must be filled through CVS Specialty, a specialty pharmacy. Some drugs require prior authorization to be covered. Some drugs have quantity limitations. Some <u>specialty</u> <u>drugs</u> may also be covered under your medical benefit.
		At a hospital facility: \$250 <u>copay</u> /calendar quarter	At a hospital facility: 20% coinsurance	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	At a non-hospital facility: Eye and GI: \$150 <u>copay</u> /calendar quarter All other: \$250 <u>copay</u> /calendar quarter At a doctor's office: \$10/20/40 <u>copay</u> /visit (PCP) \$30/60/75 <u>copay</u> /visit (specialist)	At a non-hospital facility: 20% <u>coinsurance</u>	Preauthorization is required for some surgeries.
	Physician/surgeon fees	No charge	20% <u>coinsurance</u>	
	Emergency room care	\$100 copay/visit (waived if admitted)	\$100 <u>copay</u> /visit (waived if admitted)	None
If you need immediate medical attention	Emergency medical transportation	No charge	No charge	Covered only for transportation to the nearest facility equipped to treat the condition.
	<u>Urgent care</u>	\$20 <u>copay</u> /visit <u>Deductible</u> does not apply	\$20 <u>copay</u> /visit <u>Deductible</u> does not apply	Applies to stand-alone, non-hospital- owned facilities only.
lf you have a hospital stay	Facility fee (e.g., hospital room)	Tier 1: \$275 <u>copay</u> /calendar quarter Tier 2: \$500 <u>copay</u> /calendar quarter Tier 3: \$1,500 <u>copay</u> /calendar quarter	20% <u>coinsurance</u>	Preauthorization is required.
		No charge	20% <u>coinsurance</u>	

Common		What You Will Pay		Limitations, Exceptions, & Other
Medical Event	Services You May Need	Contracted Provider (You will pay the least)	Non-contracted Provider (You will pay the most)	Important Information
	Outpatient services	Acupuncture withdrawal management: \$20 <u>copay</u> /visit All other services: \$10 <u>copay</u> /visit (no cost for first three telehealth visits) <u>Deductible</u> does not apply	20% <u>coinsurance</u>	Substance Use Disorder Services: Preauthorization is not required for treatment from Massachusetts Department of Public Health (DPH) licensed <u>providers</u> .
If you need mental health, behavioral health, or substance use disorder services	Inpatient services	\$275 <u>copay</u> /calendar quarter	20% <u>coinsurance</u>	Mental Health Services: Services in a general hospital or psychiatric hospital may require preauthorization. Substance Use Disorder Services: Services in a general hospital or substance use disorder facility. Preauthorization is required for non- contracted facilities that are outside of Massachusetts only.
	Office visits	\$30/60/75 <u>copay</u> for first visit <u>Deductible</u> does not apply	20% <u>coinsurance</u>	Most maternity care is billed as a global (all-inclusive) service so you owe an office visit copay for the first visit only.
If you are pregnant	Childbirth/delivery professional services	No charge	20% <u>coinsurance</u>	Maternity care may include tests and services described elsewhere in the SBC
	Childbirth/delivery facility services	Tier 1: \$275 <u>copay</u> /calendar quarter Tier 2: \$500 <u>copay</u> /calendar quarter Tier 3: \$1,500 <u>copay</u> /calendar quarter	20% <u>coinsurance</u>	(e.g., ultrasound). Preauthorization is required for delivery.
	Home health care	No charge	20% <u>coinsurance</u>	Preauthorization is required.
	Rehabilitation services	Physical and occupational therapy: \$20 <u>copay</u> /visit <u>Deductible</u> does not apply	Physical and occupational therapy: 20% coinsurance	Preauthorization is required after 30 visits per plan year (except with autism diagnosis).
If you need help recovering or have		Speech therapy: \$20 <u>copay</u> /visit <u>Deductible</u> does not apply	Speech therapy: 20% coinsurance	Preauthorization is required.
other special health needs	Habilitation services	Early intervention services for children under age 3: No charge <u>Deductible</u> does not apply	Early intervention services for children under age 3: No charge <u>Deductible</u> does not apply	None
	Skilled nursing care	20% <u>coinsurance</u>	20% <u>coinsurance</u>	Limit of 100 days/plan year in an inpatient facility

\* For more information about limitations and exceptions, see the plan or policy document at <u>www.wellpointmass.com/health-plans/plus-plan</u>

Common		What You Will	What You Will Pay	
Medical Event	Services You May Need	Contracted Provider (You will pay the least)	Non-contracted Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Durable medical equipment	No charge <u>Deductible</u> does not apply to breast pumps	20% <u>coinsurance</u>	Preauthorization is required if costs will be more than \$1,000.
	Hospice services	No charge	20% <u>coinsurance</u>	Preauthorization is required.
If your child needs dental or eye care	Children's eye exam	Optometrist: \$60 <u>copay</u> /visit Ophthalmologist In MA: Tier 1: \$30 <u>copay</u> /visit Tier 2: \$60 <u>copay</u> /visit; Tier 3: \$75 <u>copay</u> /visit Ophthalmologist outside MA: \$60 <u>copay</u> /visit <u>Deductible</u> does not apply	20% <u>coinsurance</u>	Routine eye exams including refraction and glaucoma testing Limit of one exam every 24 months
	Children's glasses	Not covered	Not covered	None
	Children's dental check-up	Not covered	Not covered	None

### Excluded Services & Other Covered Services:

 Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

 • Cosmetic surgery
 • Long-term care

 • Dental care (adult)
 • Private duty nursing

 Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

 • Acupuncture (only for substance use disorder
 • Hearing aids

detoxification)	<ul> <li>Infertility treatment</li> </ul>	<ul> <li>Routine foot care (when diagnosis is diabetes</li> </ul>
Bariatric surgery	Non-emergency care when traveling outside	or peripheral vascular disease)
Chiropractic care (limit of 20 visits/plan year)	the U.S.	<ul> <li>Weight loss programs (when BMI is 40 or higher)</li> </ul>

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. Contact the Group Insurance Commission's Public Information Unit at 617-727-2300; the Department of Labor's Employee Benefits Security Administration at 866-444-EBSA (3272) or www.dol.gov/ebsa; or the U.S. Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 877-267-2323 x61565 or www.ccilo.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 800-318-2596. Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

Wellpoint Grievances and Appeals P.O. Box 4077 Woburn, MA 01888 833-663-4176

Additionally, a consumer assistance program can help you file your appeal. Contact:

Massachusetts Office of Health Care for All 30 Winter Street, Suite 1004 Boston, MA 02108 800-272-4232 www.hcfama.org/helpline

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.---------

#### About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copays</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)

The plan's overall deducti	<u>ble</u> \$500
Specialist copay	\$30/60/75
Hospital (facility) copay	\$275/500/1,500
Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like: Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

	Total Example Cost	\$12,840
Ŀ	n this example, Peq would pay:	
	Cost Sharing	
	Deductibles	\$540
	Copays	\$280
	Coinsurance	\$0
	What isn't covered	
	Limits or exclusions	\$60
	The total Peg would pay is	\$880

Managing Joe's Type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

The plan's overall deductil	<u>ble</u> \$500
Specialist copay	\$30/60/75
Hospital (facility) <u>copay</u>	\$275/500/1,500
Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)

	Total Example Cost	\$7,460
h	n this example, Joe would pay:	
	Cost Sharing	
	Deductibles	\$600
	Copays	\$800
	Coinsurance	\$0
	What isn't covered	
	Limits or exclusions	\$20
	The total Joe would pay is	\$1,420

Mia's Simple Fracture (in-network emergency room visit and follow-up care)

The <u>plan's</u> overall <u>deductible</u>	\$500
Specialist copay	\$30/60/75
Hospital (facility) <u>copay</u>	\$275/500/1,500
Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (X-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,010
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#### In this example, Mia would pay:

Cost Sharing	
Deductibles	\$500
Copays	\$240
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$740

#### Language Access Services:

(TTY/TDD: 711)

(Arabic) (العربية): إذا كان لديك أي استفسارات بشأن هذا المستند، فيحق لك الحصول على المساعدة والمعلومات بلغتك دون مقابل. للتحدث إلى مترجم، اتصل على 4176-663-833

Chinese (中文):如果您對本文件有任何疑問,您有權使用您的語言免費獲得協助和資訊。如需與譯員通話,請致電 833-663-4176。

French (Français) : Si vous avez des questions sur ce document, vous avez la possibilité d'accéder gratuitement à ces informations et à une aide dans votre langue. Pour parler à un interprète, appelez le 833-663-4176.

Greek (Ελληνικά) Αν έχετε τυχόν απορίες σχετικά με το παρόν έγγραφο, έχετε το δικαίωμα να λάβετε βοήθεια και πληροφορίες στη γλώσσα σας δωρεάν. Για να μιλήσετε με κάποιον διερμηνέα, τηλεφωνήστε στο 833-663-4176.

Gujarati (ગુજરાતી): જો આ દસ્તાવેજ અંગે આપને કોઈપણ પ્રશ્નો હોય તો, કોઈપણ ખર્ચ વગર

આપની ભાષામાં મદદ અને માહિતી મેળવવાનો તમને અધિકાર છે. દુભાષિયા સાથે વાત કરવા માટે, કોલ

*કરો* 833-663-4176.

Haitian Creole (Kreyòl Ayisyen): Si ou gen nenpòt kesyon sou dokiman sa a, ou gen dwa pou jwenn èd ak enfòmasyon nan lang ou gratis. Pou pale ak yon entèprèt, rele 833-663-4176.

Hindi (हिंदी): अगर आपके पास इस दस्तावेज़ के बारे में कोई प्रश्न हैं, तो आपको निःशुल्क अपनी भाषा में मदद और जानकारी प्राप्त करने का अधिकार है। दुभाषिये से बात करने के लिए, कॉल करें 833-663-4176.

Italian (Italiano): In caso di eventuali domande sul presente documento, ha il diritto di ricevere assistenza e informazioni nella sua lingua senza alcun costo aggiuntivo. Per parlare con un interprete, chiami il numero 833-663-4176.

Lao (ພາສາລາວ): ຖ້າທ່ານມີຄຳຖາມໃດໆກ່ຽວກັບເອກະສານນີ້, ທ່ານມີສິດໄດ້ຮັບຄວາມຊ່ວຍເຫຼືອ ແລະ ຂໍ້ມູນເປັນພາສາຂອງທ່ານໂດຍບໍ່ເສຍຄ່າ. ເພື່ອໂອ້ລົມກັບລ່າມແປພາສາ, ໃຫ້ໂທຫາ 833-663-4176.

Polish (polski): W przypadku jakichkolwiek pytań związanych z niniejszym dokumentem masz prawo do bezpłatnego uzyskania pomocy oraz informacji w swoim języku. Aby porozmawiać z tłumaczem, zadzwoń pod numer: 833-663-4176.

### Language Access Services:

**Portuguese (Português):** Se tiver quaisquer dúvidas acerca deste documento, tem o direito de solicitar ajuda e informações no seu idioma, sem qualquer custo. Para falar com um intérprete, ligue para 833-663-4176.

Russian (Русский): если у вас есть какие-либо вопросы в отношении данного документа, вы имеете право на бесплатное получение помощи и информации на вашем языке. Чтобы связаться с устным переводчиком, позвоните по тел. 833-663-4176.

**Spanish (Español):** Si tiene preguntas acerca de este documento, tiene derecho a recibir ayuda e información en su idioma, sin costos. Para hablar con un intérprete, llame al 833-663-4176.

Vietnamese (Tiếng Việt): Nếu quý vị có bất kỳ thắc mắc nào về tài liệu này, quý vị có quyền nhận sự trợ giúp và thông tin bằng ngôn ngữ của quý vị hoàn toàn miễn phí. Để trao đổi với một thông dịch viên, hãy gọi 833-663-4176.

#### It's important we treat you fairly

That's why we follow federal civil rights laws in our health programs and activities. We don't discriminate, exclude people, or treat them differently on the basis of race, color, national origin, sex, age or disability. For people with disabilities, we offer free aids and services. For people whose primary language isn't English, we offer free language assistance services through interpreters and other written languages. Interested in these services? Call the member services number on your ID card for help (TTY/TDD: 711). If you think we failed to offer these services or discriminated based on race, color, national origin, age, disability, or sex, you can file a complaint, also known as a grievance. You can file a complaint with our Compliance Coordinator in writing to Compliance Coordinator, P.O. Box 27401, Mail Drop VA2002-N160, Richmond, VA 23279. Or you can file a complaint with the U.S. Department of Health and Human Services, Office for Civil Rights at 200 Independence Avenue, SW; Room 509F, HHH Building; Washington, D.C. 20201 or by calling 800-368-1019 (TDD: 1- 800-537-7697) or online at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a>. Complaint forms are available at <a href="https://www.hhs.gov/ocr/office/file/index.html">https://www.hhs.gov/ocr/office/file/index.html</a>.